

USA CSPI calls for St John's Wort label warning

The US Centre for Science in the Public Interest (CSPI) has submitted a petition to the Food and Drug Administration (FDA) to require cautionary statements on the labels of dietary supplements containing St. John's wort. The organization notes that the popular herb may interfere with a number of drugs and petitioned FDA to require a black box warning to caution against use of any St. John's wort product when taking any medication.

Guidance for food supplement trade association members has for some years advised that St. John's wort products carry a warning, and consumers are advised to tell their doctor if they are taking such products.

Source: AHPA