

Australian Complementary Listed Medicines Regulatory Reforms

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Natural Health Products NZ – Suppliers' Day

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Agenda

- Regulation of complementary medicines in Australia
- Permitted ingredients
- New ingredient evaluation
- Permitted indications
- Advertising framework
- Future reforms

Foods

Must comply with a Food Standard

May not include vitamins, minerals etc. unless specifically permitted

May make some health claims

Regulated by FSANZ

Cosmetics

Alter physical appearance
Cleanse
Deodorise
Applied topically

Regulated by NICNAS

Complementary Medicines Therapeutic Goods

Symptom relief & management
Supplementation
Ingested internally
May be applied topically

Regulated by TGA

Regulation of Complementary Medicines in Australia

I. Listed Medicines – AUST L

No pre-market evaluation

1. Pre-approved GMP
2. Pre-approved ingredients
3. Permitted indications

2. Assessed Listed Medicines – AUST L (A)

Pre-market evaluation for:

- Efficacy – intermediate and permitted level indications
- Optional ‘claimer’ (under review)
 1. Pre-approved GMP
 2. Pre-approved ingredients
 3. Permitted indications



Regulation of Complementary Medicines in Australia

3. Registered Medicines – AUST R

Pre-market evaluation for

- Quality
- Safety
- Efficacy
- Optional ‘claimer’ (under review)

Permitted ingredients

- Contained in Therapeutic Goods (Permissible Ingredients) Determination (No. 2 of 2018)
- Meet all requirements set out in the Determination
- Can apply for new ingredients to be evaluated and added to the Determination
- Need to demonstrate quality and safety of new ingredient, as outlined in the ARGCM

New ingredient evaluation

- Once approved added to the Therapeutic Goods (Permissible Ingredients) Determination
- Exclusive use for 2 years by:
 - the ingredient applicant
 - others authorised by the applicant



New ingredient evaluation



4 application categories:

Category	Quality evaluation	Safety evaluation
IN1	Based on evaluation reports from a comparable overseas regulator (COR).	Based on evaluation reports from a COR.
IN2	Independent evaluation by the TGA.	Based on evaluation reports from a COR.
IN3	Based on: <ul style="list-style-type: none">- Evaluation reports from a COR; or- A monograph contained in a default standard (BP/USP/EP).	Independent evaluation by the TGA.
IN4	Full independent evaluation by the TGA.	Full independent evaluation by the TGA.

Permitted Indications

- Therapeutic Goods (Permissible Indications) Determination
- Only indications from permitted list can be claimed for the product (AUST L)
- You can apply for new indications to be added. An application fee applies
- Evidence guideline – Guidelines on the evidence required to support indications for listed complementary medicines
- 3 year transition period for sponsors of existing listed medicines





New code

Therapeutic Goods Advertising Code 2015

Therapeutic Goods Advertising Code 2018 (In effect
1 January 2019)

Single complaints body

- TGA handling and managing complaints for advertising of therapeutic goods to the public

New 4 tier complaint handling model

- Critical, High, Medium and Low
- Applicable to corporations and individuals



Education development

- NEW online portal [Advertising hub](#)
- New consumer specific [educational materials](#)

Pre-approval required of specified media advertisements until 30 June 2020

New and enhanced sanctions and penalties

Future reforms

- Use of comparable overseas regulator (COR) reports
- Efficacy assessment 'claimer'

Further information

Further information on presentation topics including new ingredient evaluations contact Robert@rfareg.com

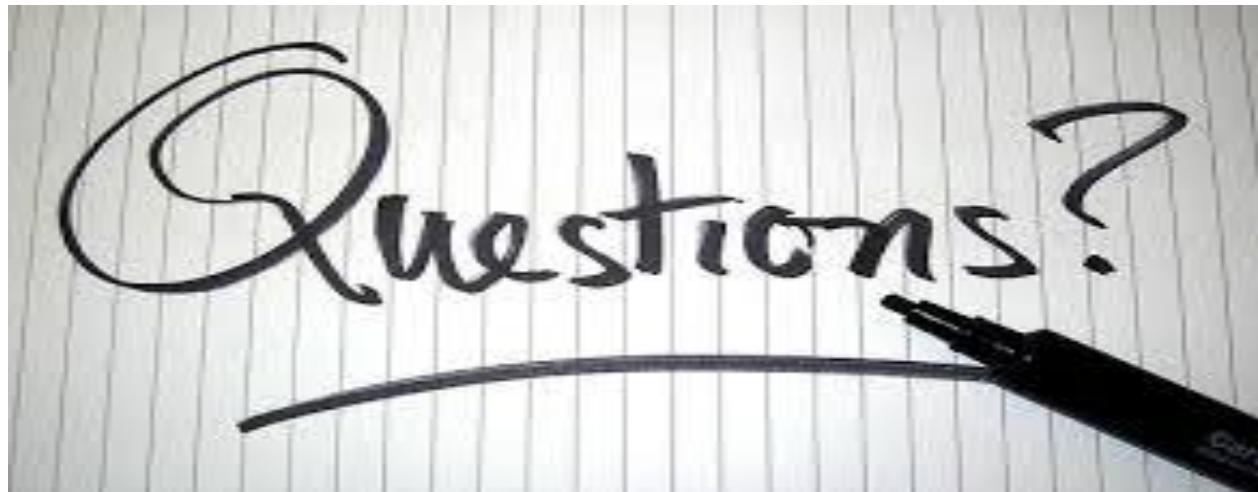
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Any Questions?



Thank you



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